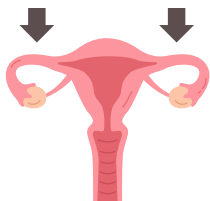


IS PERMANENT BIRTH CONTROL RIGHT FOR ME?

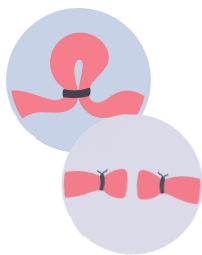


WHAT ARE THE "TUBES"?

There are two fallopian tubes, one on each side of the uterus. They carry eggs from the ovaries to the uterus. Pregnancy begins when sperm meets and fertilizes an egg in one of these tubes. After fertilization, the egg travels to the uterus.

WHAT IS STERILIZATION?

Tubal sterilization, also called "getting your tubes tied", is when a doctor closes or cuts the fallopian tubes so eggs can't travel from the ovaries to the uterus.



IS IT PERMANENT?

YES. The procedure is permanent. You should have all the facts before you decide whether tubal sterilization is right for you.

HOW DO I KNOW IF IT IS RIGHT FOR ME?

If you are certain that you **do not** want to have a child in the future, you should talk with your doctor about whether tubal sterilization is right for you.



WHAT IF I NEED MORE INFORMATION?

You can use the **MyDecision** tool to get the information you need. Learn more on the back of this card.

MyDecision

A decision aid for people thinking about tubal sterilization

Get started > | An expansion >

Please note: The information gathered on this card is provided for informational purposes only and is not intended to be used as a substitute for professional medical advice. For more information, please contact your healthcare provider. © 2018 MyDecision, Inc.



MyDecision

This decision aid helps you learn about tubal sterilization. You can read about the procedure or watch videos explaining how it works. You can even build a chart to compare the birth control options you like most. At the end, you will get a personalized summary that you can share with your provider.



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