



Baby & Me

TOBACCO FREE

ARE YOU PREGNANT? DO YOU SMOKE OR VAPE?

The BABY & Me Tobacco Free Program can help.

WHAT IS OFFERED

➔ VIRTUAL QUIT COACH

One-on-One phone or video counseling in the comfort of your home.



SUPPORT DURING & AFTER PREGNANCY ↵

A plan to support and help you quit and stay quit.

➔ FREE DIAPERS & WIPES

Earn up to \$400 in gift cards for diapers and baby wipes.



FOR MORE INFORMATION TEXT/CALL:

Carrie @ 716-490-1931

babyandmetobaccofree.org

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 West Virginia
**Perinatal
PARTNERSHIP**