

The Baby & Me Tobacco Free Program™

Are you pregnant? Do you smoke or vape?

Quit smoking and receive free diapers & wipes.

What You Get



Virtual Quit Coach

One-on-One phone or video counseling in the comfort of your home.



Support During & After Pregnancy

A plan to support and help you quit and stay quit.



Free Diapers & Wipes

Earn up to \$400 in gift cards for diapers & wipes.



For more info:

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www.bmtfp.org