

# Your COVID-19 Vaccination Choice while Pregnant

**The American College of Obstetricians and Gynecologists recommends that pregnant individuals be vaccinated against COVID-19.**

Vaccination helps protect you and may help protect your newborn against COVID-19 infection.

If you have questions, talk with your obstetrician-gynecologist about COVID-19 vaccination. Pregnant people across the country have chosen to get vaccinated, and the evidence so far shows the vaccines are safe during pregnancy. If you choose to get vaccinated, your risk of becoming severely ill with COVID-19 is likely very low. Pregnancy increases the risk of severe complications associated with COVID-19, including the need for intensive care, ventilation to help with breathing, and death.



"It's natural to have questions about the COVID-19 vaccines. I know I did. So turn to a trusted source: your health care team. I knew that if I didn't get a vaccine and then got sick with COVID-19, I would regret it. I felt so lucky to have this protection for the final weeks of my pregnancy—and beyond!"

— **Jacqueline Parchem, MD, FACOG**, obstetrician-gynecologist and maternal-fetal medicine specialist (Texas)

## THINKING ABOUT HAVING A BABY?

You can get a COVID-19 vaccine. COVID-19 vaccines do not affect your fertility. You do not need to delay getting pregnant after you get a vaccine.

## TALK WITH YOUR OBSTETRICIAN-GYNECOLOGIST IF YOU HAVE QUESTIONS ABOUT COVID-19 VACCINATION.

Vaccination is a personal choice. We will listen and respond so that you can make an informed decision. This conversation is not required to get a vaccine, though it may be helpful.

## GET YOUR FREE COVID-19 VACCINE

There are many places near you where you can get vaccinated. Visit [vaccines.gov](https://www.vaccines.gov) or [vacunas.gov](https://www.vacunas.gov) to find them.