



BABY & ME – Tobacco Free Program™

Healthy babies. Born on time.

You and your baby can be tobacco free.



Quitting smoking is the single most important thing you can do for your health and the health of your baby!

Talk to your prenatal care provider about enrolling in the
BABY & ME Tobacco Free Program.

Quit smoking and receive FREE diapers*
babyandmetobaccofree.org

**To be eligible you must be a current smoker or quit within three months of becoming pregnant.*



A collaboration of the West Virginia Perinatal Partnership
and the BABY & ME Tobacco Free Program