

2019 West Virginia Perinatal Summit

October 16-19, 2019

Stonewall Resort

Roanoke, West Virginia

Wednesday, October 16, 2019

10:00 – 12:00 pm

Pecan Room

Drug Free Moms and Babies Project

(Invitation Only) This is a meeting of the multi-disciplinary teams engaged in the Drug Free Moms and Babies project.

1:00 – 4:00 pm

Pecan Room

Substance Use in Pregnancy Committee

This is a meeting of the Substance Use in Pregnancy Committee, but is open to anyone who is interested in how to develop and implement effective programs and policies for this high risk population.

5:00 – 6:00 pm

Greenbrier Room

Maternal Risk Screening Advisory Meeting

(Invitation Only) This meeting is for members of the Maternal Risk Screening Advisory team.

4:30 – 6:00 pm

Pecan Room

West Virginia Breastfeeding Alliance Meeting

This meeting is open to all members of the WV Breastfeeding Alliance and to anyone interested in promoting breastfeeding in our state.

Still Swimming Upstream: Breastfeeding in a Formula Feeding World

Jarold T. Johnston, Jr., MSN, DNP, RN
Assistant Professor of Nursing, Methodist University, School of Professional Nursing
Studies
Medical Director, Mother's Helper Lactation
Fayetteville, NC

6:00 – 7:00 pm

Terrace Patio

Welcome Reception

Please join us before dinner on the Terrace Patio for a pre-conference reception for networking with your colleagues from around the state.

Thursday, October 17, 2019

6:15 - 7:15 am

Pecan Room

Yoga

Wake up and greet the day with invigorating and relaxing yoga led by the one and only Dr. Judy Romano!

7:00 - 8:00 am

Ballroom Foyer

Registration, Breakfast & Vendor Exhibits

7:30 – 8:00 am

Sutton Room

Our Babies: Safe and Sound Briefing

Collect your breakfast and join us for a brief campaign update and informal open space discussion of issues surrounding infant safe sleep and shaken baby syndrome prevention.

8:00 – 8:45 am

Stonewall Ballroom

Welcome Remarks and Perinatal Update

Amy N. Tolliver, MS
Executive Director
West Virginia Perinatal Partnership, Inc.
Charleston, WV

Kimberly Farry, MD
Board Chair and Chairperson Central Advisory Council
West Virginia Perinatal Partnership
WVU Medicine Buckhannon OB/GYN
Buckhannon, WV

8:45 – 9:30 am

Stonewall Ballroom

In the Shadows of Preeclampsia: Three Under-Recognized Lessons to Take Back to Your Practice

The importance of effective patient education and readily accessible tools for assessment and education will be shared during this presentation.

Eleni Z. Tsigas
Chief Executive Officer
Preeclampsia Foundation
Melbourne, FL

9:30 - 10:00 am

Stonewall Ballroom

Obstetric Hemorrhage and Hypertension: Data and Updates on the AIM Patient Safety Bundles

This presentation will review the current status of the OB Hemorrhage Safety Bundle implementation. Hospital and statewide data will be explored in the areas of maternal morbidity and mortality related to hemorrhage, as well as hypertension in pregnancy. Introduction to the next patient safety bundle -- severe hypertension in pregnancy -- will be featured.

Melanie Riley, MSN, RN

Nurse Coordinator
West Virginia Perinatal Partnership

Coy Flowers, MD, FACOG
Chair, WV ACOG
Greenbrier Physicians, Inc.
Lewisburg, WV

10:00 – 10:30 am **Break and Vendor Exhibits**

10:30 – 11:00 am Stonewall Ballroom

Well-Baby Care in West Virginia Hospitals – Introducing the New Recommended Guidelines for Care in the Newborn Nursery

This presentation will introduce the new policy and procedure guidelines for well-baby care in the newborn nursery. The speakers will discuss the recommendations for safety, screenings, and care for hypoglycemia, jaundice and preventive care.

Sean Loudin, MD, FAAP
Associate Professor, Joan C. Edwards School of Medicine
Departments of Neonatology and Pediatrics
Huntington, WV

Neil R. Copeland, MD, FAAP
Assistant Professor, Pediatrics
West Virginia University School of Medicine
Charleston Area Medical Center
Charleston, WV

11:00 – 11:45 am Stonewall Ballroom

The Maternal-Newborn Microbiome (the “Oro-boobular” axis)

The scientific world is exploding with excitement over the discovery of the microbiome. While it appears clear that by suckling, the infant’s intestinal microbiome communicates with the mother’s lactocyte and perhaps beyond, little is known about the effects of this communication in practical terms. This presentation will review what is known and attempt to explain what it means, both now and in the future.

Jarold T. Johnston, Jr., MSN, DNP, RN
Assistant Professor of Nursing, Methodist University,
School of Professional Nursing Studies
Medical Director, Mother’s Helper Lactation
Fayetteville, NC

11:45 – 1:00 pm Stonewall Ballroom
Lunch

Kristy Edie
Count the Kicks Ambassador
Healthy Birth Day, Inc.
Uhrichsville, WV

1:00 – 1:45 pm Stonewall Ballroom
Advancing Equity for Healthy Moms and Strong Babies

This presentation will discuss how achieving equity will significantly improve health outcomes for mothers and babies in the United States.

Lisa F. Waddell, MD, MPH
Senior Vice President, Maternal Child Health and NICU Innovation
and Deputy Medical Officer
March of Dimes
Arlington, VA

1:45 -2:15 Stonewall Ballroom

Evidence-Based Pathways to Recovery: Essential Tools to Address the Opioid Epidemic in West Virginia

This presentation will review the methods and effectiveness of medication assisted treatment (MAT) for substance use disorder during pregnancy. Facilitators and barriers to MAT use, as well as steps being taken in West Virginia to address the needs will be explored.

Kendra Barker, DNP, APRN-BC, FNP-BC
Family / Community Health Department
West Virginia University School of Nursing
Morgantown, WV

2:15 – 2:30 Break

2:30 – 3:30 pm Stonewall Ballroom

New Challenges – New Opportunities: Perinatal Substance Use Panel Discussion

Moderator – Kelly Lemon, CNM, Principle Investigator, ACE Program, Department of OBGYN, WVU Medicine

This session includes an overview of the prevalence of maternal substance use and NAS in West Virginia and a discussion of what we are learning from programs developed to address the problem. How two programs are evolving to better meet the needs of pregnant and parenting women with SUD and their infants will be highlighted.

Project WATCH: What Does the Data Tell Us?

Amna Umer, PhD, MPH, BDS
Research Assistant Professor, Section of Pediatrics
Department of Pediatrics
West Virginia University
Morgantown, WV

Drug Free Moms and Babies Project: Who is Being Served and What are the Outcomes?

Christa L. Lilly, PhD
Associate Professor
Department of Biostatistics
West Virginia University School of Public Health
Morgantown, WV

Centering Pregnancy with the SUD Population

David A. Baltierra, MD
Assistant Professor and Program Director - WVU Rural Family Med Residency
Harpers Ferry, WV

Baby Steps—Thomas Memorial Hospital's NAS Unit

Sandra Young, DNP, RN-BC
Clinical Resources Director
Thomas Health
South Charleston, WV

3:00 – 3:30 pm Stonewall Ballroom

Waking up Every Day in a Body That is Not Yours: Assessing the Intersection of Eating Disorders and Pregnancy

This presentation will highlight psychological and physiological challenges and complications during pregnancy with an eating disorder. Patient experiences will be used to explore the issues and complications for mothers and babies. Limitations of current assessment and identification of eating disorders during pregnancy will be discussed.

Elizabeth A. Claydon, PhD, MPH, MDS
Assistant Professor
Social & Behavioral Sciences
West Virginia University

3:30 pm Adjournment

3:45 – 4:15 Pecan Room

AIM Task Force

This meeting is for all AIM Task Force members and Nurse Managers as well as anyone interested in the Hypertension Patient Safety Bundle implementation.

6:00 pm Terrace Patio

Reception and Group Photo

7:00 pm Stonewall Ballroom

Dinner and Annual Awards Presentations

Friday, October 18, 2019

7:00-8:00 am **Registration, Breakfast and Vendor Exhibits**

7:15 -7:45 am Sutton Room

Nurse Manager Meeting

Bring your breakfast and join us for networking and discussion about needs specific to the acute obstetric unit. Program and project updates will be shared and the opportunity to discuss specific needs of your perinatal unit will be provided.

8:00-8:30 am Stonewall Ballroom

WV State Update on Infectious Diseases

A discussion of infectious diseases affecting women of childbearing age and babies in West Virginia will be highlighted during this presentation.

Amy Atkins, MPA

Director, Office of Epidemiology and Disease Surveillance
WV Department of Health & Human Resources
Charleston, WV

8:30 – 9:15 am

Stonewall Ballroom

Improving Outcomes for Pregnant Women and Infants Affected by the Opioid Crisis

As opioid dependence continues to affect all communities, the causes and clinical features of neonatal abstinence syndrome will be discussed, and challenges faced by infants and families identified. Care processes that optimize outcomes for infants with neonatal abstinence syndrome will be described.

Stephen W. Patrick, MD, MPH, MS, FAAP
Director, Vanderbilt Center for Child Health Policy
Associate Professor of Pediatrics and Health Policy, Division of Neonatology
Vanderbilt University School of Medicine
Nashville, TN

9:15 – 9:45 am

Stonewall Ballroom

Congenital Cytomegalovirus: Now is the Time to Screen Newborns

While common in adults and older children, CMV can cause long term health problems when transmitted to infants during pregnancy. This presentation will appraise the need for universal CMV newborn screening.

Kathryn S. Moffett, MD, FAAP
Professor of Pediatrics Section Chief, Pediatric Infectious Diseases
Director, Mountain State Cystic Fibrosis Center
West Virginia School of Medicine
Morgantown, WV

9:45 – 10:00 am

Break and Vendor Exhibits

10:00 – 10:45 am

Stonewall Ballroom

The 4th Trimester and Beyond: Creating the Care Women Deserve

This presentation will make the case for the importance of paying attention to the 4th Trimester – the three months after a woman gives birth. The speaker will share the results of several recent studies that describe unmet needs and current challenges as well as solutions – all from new mothers' perspectives. The presentation will include new opportunities for improving care as well as a review of the just released national postpartum resource – NewMomHealth.com

Sarah Beth Verbiest, D.Ph, MSW, MPH
Director, Jordan Institute for Families, School of Social Work
Executive Director
Center for Maternal and Infant Health at UNC at Chapel Hill
University of North Carolina at Chapel Hill
Chapel Hill, NC

10:45 – 11:30 am

Stonewall Ballroom

Is Vaping Safe? What We Know.

Without exception, all women who give birth in the hospital are cared for by labor and delivery nurses. This talk will discuss the influence of the labor and delivery nurse on mode of delivery outcomes and the potential role of an audit and feedback intervention intended to optimize the quality and equity of nursing practice.

Joyce K. Edmonds, PhD, MPH, RN
Associate Professor WF Connell School of Nursing
Boston College
Boston, MA

2:15 – 2:45 pm Stonewall Ballroom

Hypertensive Disorders of Pregnancy: Updates and management strategies

An update and review on hypertensive disorders in pregnancy and the postpartum period.

Kelly Cummings, MD, MFM
Joan C. Edwards School of Medicine, Marshall University
Huntington, WV

2:45 – 3:15 pm Stonewall Ballroom

Postpartum Follow-Up and Screening Among Women with Gestational Diabetes and Hypertension

The postpartum period represents a critical window to initiate targeted interventions to improve cardiometabolic health following pregnancies complicated by gestational diabetes mellitus and/or a hypertensive disorder of pregnancy. This talk will present findings from a recent systematic review of postpartum follow-up and screening and discuss potential strategies to improve rates and reduce disparities.

Joyce K. Edmonds, PhD, MPH, RN
Associate Professor WF Connell School of Nursing
Boston College
Boston, MA

3:15 Closing Remarks Stonewall Ballroom

Saturday, October 19, 2019

8:30-11:30 am Greenbrier Room

Review of the Evidence - Lamaze Childbirth Educator Certification

This review course is for those preparing for the Lamaze Childbirth Educator Certification Examination in November and those interested in childbirth education. This course will review the 6 Healthy Birth Practices as well as issues and trends that may be addressed on the exam.

Michele Ondeck, RN, LCCE, DONA
Co-Director, Lamaze International Childbirth Educator Program
Health Birth Global
Past President Lamaze International
Loudon, TN

10:00 am-12:00 pm **Location TBA**

Joint meeting WV Affiliate of the American College of Nurse-Midwives and the Midwives Alliance of West Virginia

7:00 am – 4:15 pm **Terrace Level Conference Center**

West Virginia ACOG Section Meeting

West Virginia ACO District IV Section Meeting

Friday, October 18, 2019

3:30 – 6:30 pm **Mock Oral Boards for Residents in Obstetrics and Gynecology**

Schedule and rooms will be provided for participants.

3:30 – 4:15 Stonewall Ballroom
A New Treatment in the Management of Moderate to Severe Pain Associated with Endometriosis

James E. Jones, Jr., MD, FACOG, PC
NAMS Certified Menopausal Practitioner
Richmond, VA

This presentation is not eligible for CME credits.

7:00 pm Pecan Room

WV ACOG Section Dinner

Saturday, October 18, 2019

7:00 – 8:00 am Stonewall Ballroom
Breakfast and Networking

Following breakfast, today's events will be held on the Terrace level of the conference center.

8:15 – 8:30 am Pecan Room

Welcome

Coy A. Flowers, MD, FACOG
Chair, WV ACOG
Past President, WV State Medical Association
Greenbrier Physicians, Inc.
Lewisburg, WV

8:30 – 9:15 am Pecan Room

Medical Care of our Transgender Patients

This presentation will review the particular needs of the transgender community when interacting with medical care providers, including management guidelines and strategies for providing gender-affirming care.

Jessica A. Perini, MD, MS
Associate Professor, Endocrinology & Metabolism
Program Director, WVU Endocrine Fellowship
Department of Internal Medicine
WVU School of Medicine
Morgantown, WV

9:015– 10:00 am Pecan Room

Resident Presentations – Charleston Area Medical Center

Speakers and topics TBA

10:00 – 10:15 **Break, Networking & Exhibitor Visitation**

10:15 – 11:00 am Pecan Room

Pros and Cons of Prophylactic Salpingectomy

This presentation will include a review of current literature regarding the incidence of fallopian tube cancer and how this risk can be reduced with prophylactic salpingectomy. We will discuss advantages and disadvantages involved with prophylactic salpingectomy and discuss various techniques in performing this operation.

William C. McBee, MD, FACOG
Gynecologist Oncologist
Mid Atlantic Gynecologic Oncology of Mon Health, Mon Health Cancer Center
Morgantown, WV

11:00 – 11:45 am Pecan Room

Reducing Overtreatment of Urinalysis in Obstetric Triage Patients

This presentation will discuss appropriate management of urinalysis during triage of obstetrical patients.

Emelia Winston, DO
Joan C. Edwards School of Medicine
Marshall University
Huntington, WV

11:45– 12:30 pm Pecan Room

What is coming up in the 2020 Legislative Session?

Legislative leaders will discuss upcoming bills and issues impacting healthcare in West Virginia.

The Honorable Ron D. Stollings, MD
West Virginia Senate, 7th District
Madison, WV

The Honorable Cindy Lavender-Bowe
West Virginia House of Delegates, 42nd District
Lewisburg, WV

12:30 – 1:30 pm Terrace Foyer

Lunch and Networking

Lunch sponsored by Boston Scientific

1:30 – 1:45 pm Pecan Room

WV ACOG Section Business Meeting

1:45 – 2:30 pm Pecan Room

Resident Presentations – West Virginia University School of Medicine

The Impact of Gestational Diabetes within a Rural Tertiary Care Patient Population

Melissa Carr, MD and Caitlin Kowcheck, MD

Maternal Healthcare Insurance Dictates Obstetrical Care and Maternal-Fetal Outcomes

Kirstie Cutlip, MD

Use of Cadaveric Pericardial Tissue in the Surgical Treatment of Neurogenic Bladder: A Case Report

Madison Caja, MD

2:30 – 2:45 pm Break

2:45 – 3:30 pm Pecan Room

Osteopathic Approach to the Female Reproductive System

Dr. McLay will introduce the osteopathic approach to female reproductive problems, as well as a brief description of what can be done for babies. It is her goal to help you understand when a referral to an osteopath who does manipulation will be beneficial for your patient.

Celia McLay, DO

Assistant Professor of Osteopathic Principles and Practice

West Virginia School of Osteopathic Medicine

Lewisburg, WV

3:30 – 4:15 pm Pecan Room

The Obesity Pandemic: Only the Obstetrical Healthcare Provider Can Make a Difference

America and the world are becoming more obese leading to increased mortality and health care costs. Although diet and sedentary life style play a role, epigenetic factors that were acquired while in-utero in essence program us for a propensity to obesity. The Obstetrical healthcare provider is in a unique position to alter the trajectory of this obesity pandemic.

Roger Toffle, MD

Professor Emeritus

J.W. Ruby Memorial Hospital

WVU Medicine

Morgantown, WV

4:15 pm Adjournment
